



HYDRAFACIAL & KERA VIVE

HYDRAFACIAL TREATMENT INSTUCTIONS

Like all treatments, avoid excessive sun exposure as well as tanning beds, spray tans, and self-tanning lotions for at least 1 week before treatment & 72hrs after treatment.

Refrain from any medium to deep chemical resurfacing and laser treatments 2 weeks before treatment.

Avoid heat and sweating for 24–48 hours post-treatment. This includes saunas, hot tubs, and vigorous exercise.

Only wash your face the following morning after your treatment.

Avoid harsh skincare products (e.g., acids, retinoids, exfoliants) for 2–3 days post-treatment.

KERA VIVE TREATMENT INSTRUCTIONS

Arrive with clean, dry hair. Do not apply any styling products prior to your treatment.

Apply the hair growth serum once daily (morning or evening), at a time when you do not plan to use heat styling tools.

Styling products can be used after your scalp and hair are dry.

Avoid washing and shampooing your hair for at least 6–12 hours.

Avoid using a hairdryer or other heat styling tools for at least an hour after the treatment.

Avoid saunas, steam rooms, and excessive sweating for 24 hours.

*MedSpa Members Get 1 Monthly Facial Service including Signature HydraFacial